

WomEnchant Chorus

Laura Thomas, Music Director **Theresa Beninger, Accompanist**

WomEnchant is a choir of women from a wide variety of backgrounds and musical experience. Our common thread is the desire to sing music that celebrates our lives, calls for peace and justice, and demonstrates the power of sisterhood and song. All women are welcome who want to learn and sing music that gives voice to our experiences and our commitment to making positive changes in the world. Since it began in 1994, WomEnchant has performed at many women's events, including benefits for shelters, International Women's Day, Take Back the Night, performances for women's centres and social service agencies. We have also presented concerts which featured leading women performers including Lucie Blue Trembley and Faith Nolan. In 2008 WomEnchant performed at the Seneca Falls celebrations for the 160th Anniversary of the first Women's Right Convention.

In 2007 the WomEnchant drumming group was formed to give women the opportunity to learn about and perform on hand-drums. Some of the drummers come from within the choir, while others belong only to the drummer's circle. The WomEnchant Drummers have been performing with the choir for over a year.

To accommodate women from both the Hamilton and Niagara areas, we rehearse in Grimsby on Monday nights from September to May. New members are welcome!

The Labyrinth

History

The labyrinth is an ancient symbol for the spiritual journey, which has been used by many cultures. The first one was found in Chartres Cathedral in France which had been constructed between 1194 -1200 AD and was used for making spiritual pilgrimage or seeking guidance from God.

Meaning

The circular shape represents unity and wholeness. The single pathway into the centre and out again represents the path of life or the spiritual journey. The winding path represents times when we feel close to God, at peace with our life, and also times when we feel distant from God and our purpose seems unclear. The 3 stages of the walk are like the 3 stages of spiritual growth. The path in represents Purgation, letting go of old patterns that prevent growth. The centre represents Illumination, insight into our connection with the Divine and our life situation. The path out represents Union; integration of our insight into our life in the world.

TURNING THE TIDE

**WORLD AIDS DAY
OBSERVANCE
AND BENEFIT CONCERT**



PROGRAMME

Monday November 30th, 2009

**St. Andrew's United Church
92 Main Street, Port Dalhousie**

Proceeds donated to:



the
**Stephen Lewis
FOUNDATION**

Greetings from St. Andrews

As Chair of Church Council, I am pleased and proud to open our doors to help with the World AIDS Day commitment.

At St. Andrews, we are committed to our Mission Statement, from which we "support the goal of a world community with peace, justice, equity and compassion for all".

The fight against AIDS and the World's ongoing battle to educate, are certainly of utmost importance, and we hope this year's evening will prove to be successful in widening awareness to this ravaging disease.

May God Bless all who are affected by AIDS and those who fight against it.

Victoria England
Chair, St. Andrews Church Council

The 3:33 Prayer – from One with Spirit

We are writing to enlist your help in creating a field of energy that will positively dissolve the pandemic of HIV AIDS in Africa and enrich the grassroots work of the Stephen Lewis Foundation on healing it and the terror and the devastation it is leaving in its wake.

If you are willing to join us, the following grace will take you 33 seconds to recite silently or out loud. If you are unable to participate at the appointed time - state it whenever you can and program it to be received by the Collective Consciousness on Fridays at 3:33 pm. It is our hope and desire that the wave of energy from our prayer and meditation will focus love, light and healing about the issue to our Collective Consciousness so that the Human Collective Will aligns with Source's (Creator's/Great Spirit/God's/Allah's/Divine Mother's/ the Divine's) Will and honourable help pours in from everywhere to help OUR people – We Are One.

the grace/the prayer/the affirmation/the meditation

I am a channel of healing grace, where healing is needed, I allow that grace to flow abundantly. In this moment of presence, I allow THAT grace to flow abundantly to the Human Collective Will to join with the Will of the Divine Mother (please insert your preference) to provide and deliver all of the honourable help that is needed to all involved with, affected by, and affecting the healing of HIV AIDS and all of the acts of brutality that it is leaving in its wake in Africa.

Namaste

Turning The Tide

Programme

6:30 Labyrinth
Silent Auction

Upper Level Gym
Lower Hall

7:20 Silent Auction Closes

7:30 Performance by
WomEnchant Chorus

Sanctuary

8:30 Refreshments, Auction Results

Lower Hall